EARLY BIRD

$3.99 EARLY BIRD SPECIALS MON-FRI BEFORE 9AM

10% OFF STUDENTS AND SENIORS
CASH PAYMENT ONLY

EGGS IT IS

• Sub Italian Sausage $2.00 • Sub Peameal Bacon $2.00 • Sub Gluten Free Bread $1.50

GREAT MORNING SPECIAL

2 eggs with your choice of one meat: bacon, ham, or sausage; roasted potatoes and toast $6.95
2 eggs with your choice of a pancake, a crepe, a waffle, or french toast, roasted potatoes and toast $8.95
2 eggs with fresh fruit, roasted potatoes and toast $8.95
2 eggs scrambled with salsa & cheese with your choice of bacon, ham or sausage, roasted potatoes and toast $8.95

EARLY BIRD SPECIAL

2 eggs with bacon, ham and sausage, roasted potatoes and toast $8.95

EARLY BIRD IS GOING ALL IN

3 eggs, 4 sausages or bacon, roasted potatoes, toast & choice of pancake, french toast, crepe or waffle $10.95
Add fruit for $3.00

STEAK AND EGGS

Served with 2 eggs, sautéed mushrooms and onions and your choice of toast $12.95

EARLY BIRD POACHED

2 poached eggs, cottage cheese or yogurt, fresh fruit and an english muffin $9.95

EARLY BIRD HEALTHY CHOICE

2 egg whites scrambled on top of an English muffin with asparagus and spinach, served with yogurt and fruit $8.95

EGGS BENEDICT

2 poached eggs with ham, on an english muffin covered in hollandaise sauce, served with roasted potatoes and fresh fruit. $10.95
With asparagus and cheese $11.95
With peameal bacon. $12.95
With Salmon and cream cheese $11.95

NIAGARA HARVEST

Served with 1 egg, bacon and a mountain of fresh fruit piled on top of raisin bread french toast. $10.95

BREAKFAST SKILLETS

All skillets served with your choice of two eggs and toast.

MEAT LOVERS

Served with bacon, ham,sausage and chesse $10.95

VEGETARIAN

Served with onions, spinach, mushrooms, tomatoes, green peppers and cheese $10.95

PORK AND BEAN SKILLET

Served with link sausages $10.95

OMELETTES

All omelettes served with roasted potatoes & toast
Add feta cheese $2.00

WESTERN OMELETTE
Ham, onions, green peppers $10.95

HAM & SWISS OMELETTE
Ham and swiss cheese $10.95

SPINACH & CHEESE OMELETTE
Sautéed spinach and mixed cheese $10.95

GREEK OMELETTE
Tomatoes, onions, peppers, black olives and feta cheese $10.95

SPANISH OMELETTE *All Spanish omelettes served with a side of salsa*
Ham, onions, green peppers, cheese and potato $10.95
Chicken, onions, mushrooms, cheese and potato $10.95

MISH MASH OMELETTE
Sausage, chicken, green peppers, onions and cheese $10.95

NIAGARA FAVOURITE
Your choice of omelette inside a crepe served with fresh fruit $11.95

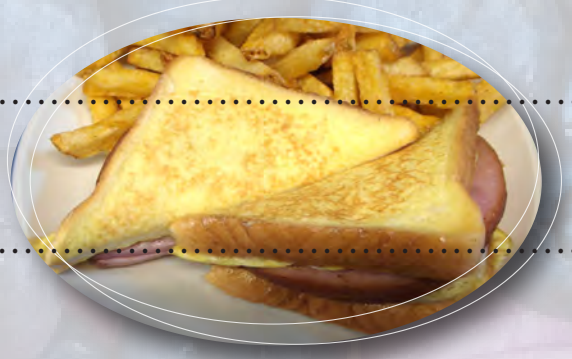
MAKE YOUR OWN OMELETTE
Your choice of ham, onions, peppers, bacon, sausage, spinach, tomatoes, mushrooms and cheese
Served with fresh fruit $11.95

BREAKFAST SANDWICHES

All sandwiches served with your choice of roasted potatoes, french fries, soup, fruit or salad

GRILLED CHEESE $5.95
Add bacon or ham inside $7.95

BLT SANDWICH $6.95
With peameal bacon $8.95



WESTERN SANDWICH $8.95

MONTE CRISTO
Ham and swiss cheese served with french toast $8.95

FRIED EGG SAMMY
2 fried egg sandwiches, bacon and cheese on english muffins $9.95

FRENCH TOAST

Add bacon, ham, sausage , peameal, Italian sausage or fruit for $2.00
Sub raisin bread or gluten free bread for $1.95

CINNAMON FRENCH TOAST $8.95
With banana and caramel pecans $9.95
With fresh fruit $9.95
With one egg and bacon, ham or sausage $10.95

FRENCH TOAST SANDWICH
With nutella and bacon, served with roasted potatoes $9.95

WAFFLES

Made with custard or Nutella
Add bacon, ham, sausage , peameal, Italian sausage or fruit for $2.00

WAFFLES AND MAPLE SYRUP $7.95
STRAWBERRY, BANANA AND KIWI $10.95
FRUIT BLAST $10.95
BERRY BLAST $10.95
BANANA CHOCOLATE BLAST $10.95

PANCAKES

Add bacon, ham, sausage , peameal, Italian sausage or fruit for $2.00

BUTTERMILK PANCAKES $7.95
STRAWBERRY $9.95
BLUEBERRY $9.95
APPLE CINNAMON $9.95
CHOCOLATE CHIP $9.95
BANANA AND CARAMEL $9.95

CREPES

Made with custard or Nutella
Add a BIG scoop of vanilla ice cream for $1.95; Add meat or fruit $2.00

FRESH FRUIT CREPE $10.95
BANANA CHOCOLATE CREPE $10.95
BERRY BLAST CREPE $10.95
APPLE CINNAMON CREPE
With caramel $10.95

CINNAMON APPLE FRITTERS

(3) CINNAMON APPLE FRITTERS
Served with fresh strawberries and vanilla ice cream $5.99

FRUIT AND MORE

BAGEL & CREAM CHEESE WITH NUTELLA $4.95

OATMEAL
Served with brown sugar, raisins, mixed berries and toast $6.95

YOGURT HARVEST CRUNCH
Served with your choice of fruit $7.95

EARLY BIRD FRUIT PLATE
Served with toast $8.95

SOUPS & SALADS

All salads served with your choice of dressing

SOUP OF THE DAY $4.95

CAESAR SALAD
Topped with bacon and croutons $7.95
Add chicken $3.95

GARDEN SALAD
Topped with green peppers, onions, mushrooms and tomatoes $5.95
Add chicken $3.95

JULIENNE SALAD
Topped with green peppers, onions, mushrooms, tomatoes, poached egg, ham and cheese $9.95

GREEK SALAD
Topped with tomatoes, onions, green peppers, black olives and feta cheese $9.95

SIDES

Side Bacon, Ham or Sausage	$2.95
Side Peameal Bacon or Italian Sausage	$2.95
Side Egg or Side Toast	$1.95
Add Cheese	$1.00
Side Home Fries	$1.95
Side Cottage Cheese/Yogurt	$1.95
Side Sauce/Salsa	$1.00
Single Pancake, FT, Waffle, Crepe	$3.50
Single Fruit Pan, FT, Waffle, Crepe	$3.95
Add Ice Cream	$1.95
Side Small Fruit	$3.00
Side Large Fruit	$4.95
Side Caesar Salad	$3.95
Side Gravy	$1.95
Side Fries/Home Fries	$1.95
Side Onion Rings	$3.95
Side Coleslaw	$1.95

BEVERAGES

Coffee/Tea	$2.25
Hot Chocolate	$2.25
Chocolate or White Milk	$2.25
Juice (orange, apple, grapefruit or cranberry)	$2.25
Tomato Juice	$2.50
Smoothies (strawberry or pina colada)	$2.95
Bottomless Pop	$2.25
Bottomless Iced Tea	$2.25
Chocolate or Vanilla Milkshake	$3.95

EARLY BIRD

EARLY BIRD RESTAURANT

2 Merritt St.
St.Catharines, ON L2T 1J3

905.680.8464

earlybirdrestaurant.ca

EARLY BIRD DAILY SPECIALS

FRIDAYS: FISH & CHIPS: 1 PIECE $6.95 2 PIECE $8.95

* DAILY SPECIALS - $7.50 *