

# EARLY BIRD

**Early Riser Special**  
Two eggs, your choice of 2 bacon,  
1 ham OR 2 sausage, home fries  
and toast **\$5.49**  
**Available Mon-Fri 7am - 9am**  
**Not available on holidays.**



Sub toast for English muffin, raisin bread OR gluten-free bread for **\$2.75**  
**10% off for Students & Seniors paying with cash.**

**EGGS IT IS** Sub home fries for hashbrown patties or tomato slices for any meal.

## GREAT MORNING SPECIALS

- 2 eggs with your choice of one meat: bacon, ham, OR sausage,  
home fries and toast ..... **\$7.99**
- 2 eggs with your choice of one meat: peameal bacon OR Italian sausage,  
home fries and toast ..... **\$9.99**
- 2 eggs with your choice of a pancake, a crepe, a waffle, OR French toast,  
home fries and toast ..... **\$9.99**
- 2 eggs with fresh fruit, home fries and toast ..... **\$9.99**
- 2 eggs scrambled with salsa & cheese with your choice of one meat: bacon,  
ham OR sausage, home fries and toast ..... **\$9.99**

## EARLY BIRD SPECIAL

- 2 eggs with bacon, ham and sausage, home fries and toast ..... **\$9.99**

## EARLY BIRD IS GOING ALL IN

- 3 eggs with your choice of one meat: bacon, ham OR sausage, home fries,  
toast & your choice of one pancake, a crepe, a waffle OR French toast ..... **\$11.99**
- SUB peameal OR Italian sausage ..... **\$2.50**
- OR add fresh fruit..... **\$3.99**

## STEAK AND EGGS

- Served with sautéed mushrooms and onions, home fries and toast ..... **\$15.99**

## EARLY BIRD POACHED

- 2 poached eggs, cottage cheese OR yogurt, fresh fruit and an English muffin OR toast .. **\$11.99**

## EGGS BENEDICT

- 2 poached eggs with ham OR bacon on an English muffin covered in  
hollandaise sauce, served with home fries and fresh fruit ..... **\$11.99**
- With asparagus and cheese..... **\$12.99**
- With peameal bacon ..... **\$13.99**
- With salmon and cream cheese..... **\$13.99**
- With steak and cheese..... **\$13.99**

## NIAGARA HARVEST

- Served with 1 egg, bacon and a mountain of fresh fruit  
piled on top of raisin bread French toast ..... **\$11.99**

## BREAKFAST SKILLET

*All skillet served with two eggs and toast. Add hollandaise sauce for \$1.99*

## VEGETARIAN

- Served with onions, spinach, mushrooms, tomatoes, green peppers  
and cheese on top of home fries ..... **\$11.99**

## MEAT LOVERS

- Served with bacon, ham, sausage and cheese on top of home fries ..... **\$12.99**

## STEAK AND CHEESE

- Served with onions, green peppers, mushrooms, steak and cheese on top of home fries . **\$14.99**



*Early Bird All In*



*Eggs Benedict*



*Niagara Harvest*



*Vegetarian Skillet*

# EARLY BIRD



## OMELETTES

All omelettes served with home fries & toast. Sub home fries for hashbrown patties or tomato slices.

Sub toast for English muffin, raisin bread OR gluten-free bread for \$2.75

Add feta cheese \$2.20 Add steak to any omelette for \$3.99

### WESTERN OMELETTE

Ham, onions, green peppers ..... \$12.09

### HAM & SWISS OMELETTE

Ham and Swiss cheese ..... \$12.09

### SPINACH & CHEESE OMELETTE

Sautéed spinach and mixed cheese. .... \$12.09

### SPANISH OMELETTE *All Spanish omelettes served with a side of salsa.*

Ham, onions, green peppers, cheese and potato ..... \$12.09

Chicken, onions, mushrooms, cheese and potato ..... \$12.09

### MISH MASH OMELETTE

Sausage, chicken, green peppers, onions and cheese ..... \$12.09

### GREEK OMELETTE

Tomatoes, onions, green peppers, black olives and feta cheese ..... \$13.09

### NIAGARA FAVOURITE

Your choice of omelette inside a crepe served with fresh fruit ..... \$14.99

### MAKE YOUR OWN OMELETTE

Your choice of ham, onions, peppers, bacon, sausage, spinach, tomatoes, mushrooms and cheese. Served with fresh fruit ..... \$14.49

## BREAKFAST SANDWICHES

All sandwiches served with your choice of home fries, French fries, homemade soup, fresh fruit, garden salad OR hashbrown patties.

Upgrade your side to onion rings OR a Caesar salad for \$3.99

Add coleslaw OR gravy for \$2.20 Upgrade French fries to a poutine for \$3.99

**GRILLED CHEESE** ..... \$8.99

Add bacon, ham or peameal inside ..... \$2.99

With steak inside ..... \$4.00

**BLT SANDWICH** ..... \$7.99

Sub bacon for peameal bacon ..... \$2.99

Add cheese OR 1 egg ..... \$2.00

**WESTERN SANDWICH** ..... \$9.89

### MONTE CRISTO

Ham and Swiss cheese served on French toast. .... \$9.89

### FRIED EGG SAMMIES

2 fried egg sandwiches with bacon and cheese on English muffins ..... \$10.99

With steak and cheese ..... \$14.29



*Make Your Own Omelette*



*Western*



*Fried Egg Sammies*

# EARLY BIRD



## FRENCH TOAST

Add bacon, ham OR sausage for \$4.99

Sub raisin bread OR gluten free bread for \$2.75

**CINNAMON FRENCH TOAST**..... \$9.89

With banana, caramel and pecans..... \$12.09

With a cup of fresh fruit..... \$12.09

With one egg and your choice of bacon, ham OR sausage ..... \$12.09

## WAFFLES

Made with custard OR Nutella. Add bacon, ham OR sausage for \$4.99

**WAFFLES AND MAPLE SYRUP**..... \$8.99

**STRAWBERRY, BANANA AND KIWI**..... \$12.09

**FRUIT BLAST**..... \$12.09

**BERRY BLAST**..... \$12.09

**BANANA CHOCOLATE BLAST**..... \$12.09

## CHICKEN AND WAFFLES

Crispy fried chicken served on top of homemade waffles, drizzled with sweet sauce and served with warm syrup .....

\$15.29

## PANCAKES

Add bacon, ham OR sausage for \$4.99

**BUTTERMILK PANCAKES**..... \$9.99

**STRAWBERRY**..... \$12.09

**BLUEBERRY**..... \$12.09

**APPLE CINNAMON**..... \$12.09

**CHOCOLATE CHIP**..... \$12.09

**BANANA AND CARAMEL**..... \$12.09

## CREPES

Made with custard OR Nutella.

Add a BIG scoop of vanilla ice cream for \$2.25

Add bacon, ham OR sausage for \$4.99

**FRESH FRUIT CREPE**..... \$12.09

**BANANA CHOCOLATE CREPE**..... \$12.09

**BERRY BLAST CREPE**..... \$12.09

**APPLE CINNAMON CREPE** With caramel..... \$12.09

## CINNAMON APPLE FRITTERS

**3 CINNAMON APPLE FRITTERS**

Served with fresh strawberries and vanilla ice cream..... \$7.99



Chicken & Waffles



Chocolate Chip Pancakes



Fresh Fruit Crepe



Cinnamon Apple Fritters

# EARLY BIRD



## EARLY BIRD LUNCH

All sandwiches served with your choice of home fries, French fries, homemade soup, fresh fruit, garden salad OR hashbrown patties.  
Upgrade your side to onion rings OR a Caesar salad for \$3.99 Add coleslaw OR gravy for \$2.20 Upgrade French fries to a poutine for \$3.99

### CLUB HOUSE

Served with your choice of chicken OR ham, bacon, lettuce, tomato and mayo on your choice of toast. . . . . \$12.09

### FISH & CHIPS *Served with tartar sauce and coleslaw.*

1 piece with French fries . . . . . \$11.99  
2 pieces with French fries . . . . . \$15.99

**POUTINE** . . . . . \$8.99

**PULLED PORK POUTINE** . . . . . \$12.99

### CHICKEN FINGERS AND FRIES

Served with plum sauce. . . . . \$8.99

### BUFFALO FINGERS AND FRIES

Chicken fingers tossed in Buffalo sauce OR BBQ sauce.  
Served with Ranch OR Blue Cheese dressing. . . . . \$9.99

### REUBEN SANDWICH

Corned beef, thousand island dressing, Swiss cheese and sauerkraut on rye bread. . \$10.99

### PULLED PORK SANDWICH

Served on a bun with BBQ sauce . . . . . \$10.99

### CHICKEN MELT

Grilled chicken served on a bun topped with lettuce, tomato, mushrooms, bacon, cheese and your choice of Ranch or BBQ sauce . . . . . \$12.99

## BURGERS AND WRAPS

All burgers and wraps served with your choice of home fries, French fries, homemade soup, fresh fruit, garden salad OR hashbrown patties. Add coleslaw OR gravy for \$2.20 Upgrade French fries to a poutine for \$3.99 Upgrade to onion rings OR a Caesar salad for \$3.99

### CHICKEN FINGER WRAP

Served with lettuce, tomatoes, cheese and mayo . . . . . \$10.99  
Add bacon . . . . . \$3.00

### STEAK & CHEESE WRAP

Served with lettuce, tomatoes and mayo. . . . . \$10.99  
Add onions, mushrooms and green peppers . . . . . \$2.00

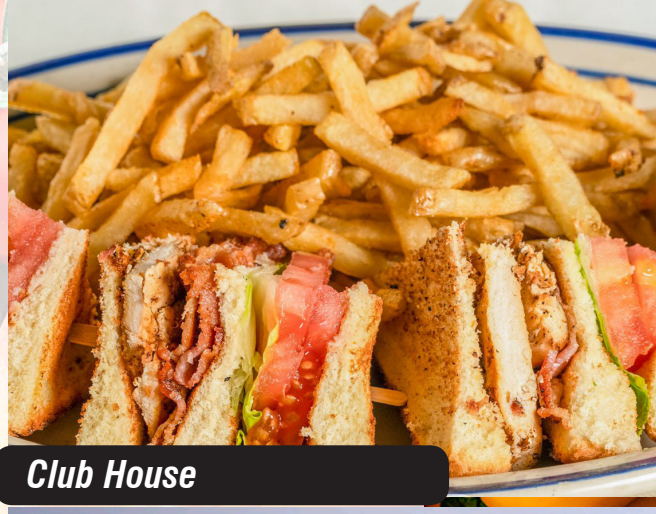
**CHICKEN CAESAR WRAP** . . . . . \$10.99

### BUFFALO CHICKEN WRAP

Breaded chicken tossed in our signature sauce with blue cheese dressing, lettuce and tomato . \$10.99

### HOMEMADE EARLY BIRD BURGER

Served with lettuce, tomato, bacon and pickles. . . . . \$11.99  
Add sautéed mushrooms and onions . . . . . \$2.00  
Add cheese or 1 egg . . . . . \$2.00



Club House



Chicken Melt



Bacon Cheeseburger



Fish & Chips

# EARLY BIRD



## FRUIT AND MORE

### OATMEAL

Served with brown sugar, raisins, mixed berries and toast . . . . . \$7.99

### YOGURT HARVEST CRUNCH

Served with your choice of fruit. . . . . \$7.99

### EARLY BIRD FRUIT PLATE

Served with toast. . . . . \$8.99

## SOUP AND SALADS

*All salads served with your choice of dressing.*

**SOUP OF THE DAY** With your choice of toast. . . . . \$5.49

### CAESAR SALAD

Topped with bacon and croutons . . . . . \$8.79

Add chicken . . . . . \$3.99

### GARDEN SALAD

Topped with green peppers, onions, mushrooms and tomatoes . . . . . \$7.69

Add chicken . . . . . \$3.99

### JULIENNE SALAD

Topped with green peppers, onions, mushrooms, tomatoes, berries, a poached egg, ham and cheese. . . . . \$9.99

### GREEK SALAD

Topped with tomatoes, onions, green peppers, black olives and feta cheese . . . . . \$8.79

Add chicken . . . . . \$3.99

## KIDS MENU

10 Years old or younger. No substitutions.

### MORNING ISLA

1 pancake, waffle, French toast OR crepe with your choice of 2 bacon, 2 sausage, OR 1 ham. . \$5.49

### MORNING LILY

2 eggs with your choice of 2 bacon, 2 sausage OR 1 ham, toast and fresh fruit OR home fries \$5.99

### MORNING RONIN

Fried egg sandwich and cheese with your choice of fresh fruit OR home fries . . . . . \$5.99

## BEVERAGES

Coffee/Tea . . . . . \$2.74

Hot Chocolate . . . . . \$2.99

Chocolate or White Milk. . . . . \$2.99

Juice (*Orange, Apple, Grapefruit or Cranberry*) . . . \$2.99

Tomato Juice . . . . . \$3.49

Smoothies (*Very Berry or Tropical*) . . . . . \$3.99

Bottomless Pop, Lemonade or Iced Tea . . . \$2.99

Chocolate or Vanilla Milkshake . . . . . \$5.49

## SIDES

Side Bacon, Ham OR Sausage . . . . . \$4.99

Side Peameal Bacon OR Italian Sausage. . \$5.49

Side Egg OR Side Toast . . . . . \$1.99

Add Cheese . . . . . \$1.99

Side Home Fries OR French Fries . . . . . \$3.99

Side Cottage Cheese OR Yogurt. . . . . \$2.49

2 Hashbrown Patties . . . . . \$2.99

Side Hollandaise Sauce, Salsa OR Mayo . . \$1.99

Side Custard OR Nutella . . . . . \$1.99

Single Pancake, French Toast, Waffle, Crepe . . \$3.99

Single Pancake, French Toast, Waffle,

OR Crepe with Fresh Fruit . . . . . \$4.49

Add Ice Cream . . . . . \$2.25

Side Small Fruit. . . . . \$3.99

Side Large Fruit. . . . . \$5.99

Side Garden Salad. . . . . \$3.29

Side Caesar OR Greek Salad . . . . . \$4.99

Side Gravy OR Coleslaw . . . . . \$2.20

Side Onion Rings . . . . . \$4.99



*Yogurt Harvest Crunch*



*Fruit Plate*



*Milkshake*

# EARLY BIRD

## RESTAURANT

2 Merritt St., St.Catharines, ON L2T 1J3



**EARLY BIRD DAILY SPECIALS - \$8.99**

**FRIDAYS: FISH & CHIPS: 1 PIECE \$10.99 2 PIECE \$14.99**

