

EARLY BIRD

Early Riser Special

2 eggs, your choice of 2 bacon,
1 ham OR 2 sausage, home fries
and toast **\$6.99**

Available Mon-Fri 7am - 9am
Not available on holidays.



Sub toast for English muffin, raisin bread OR gluten-free bread for **\$2.99**. OR Rye toast for **\$1.00**
10% off for Seniors & Local Students paying with cash.

EGGS IT IS Sub home fries for hash brown patties or tomato slices for any meal. Upgrade to a poutine for \$4.99.

GREAT MORNING SPECIALS

- 2 eggs with your choice of one meat: bacon, ham, OR sausage,
home fries and toast **\$9.99**
- 2 eggs with your choice of one meat: peameal bacon OR Italian sausage,
home fries and toast **\$11.99**
- 2 eggs with your choice of a pancake, a crepe, a waffle, OR French toast,
home fries and toast **\$11.99**
- 2 eggs with fresh fruit, home fries and toast **\$11.99**
- 2 eggs scrambled with salsa & cheese with your choice of one meat: bacon,
ham OR sausage, home fries and toast **\$11.99**

EARLY BIRD SPECIAL

- 2 eggs with bacon, ham and sausage, home fries and toast **\$11.99**

EARLY BIRD IS GOING ALL IN

- 3 eggs with your choice of one meat: bacon, ham OR sausage, home fries,
toast & your choice of one pancake, a crepe, a waffle OR French toast **\$13.99**
- SUB peameal OR Italian sausage **\$3.00**
- OR add fresh fruit..... **\$4.99**

STEAK AND EGGS

- Served with sautéed mushrooms and onions, home fries and toast **\$19.99**

EARLY BIRD POACHED

- 2 poached eggs, cottage cheese OR yogurt, fresh fruit and an English muffin OR toast .. **\$14.99**

EGGS BENEDICT

- 2 poached eggs with ham OR bacon on an English muffin covered in
hollandaise sauce, served with home fries and fresh fruit **\$14.99**
- With asparagus and cheese..... **\$15.99**
- With peameal bacon **\$16.99**
- With salmon and cream cheese..... **\$16.99**
- With steak and cheese..... **\$16.99**

NIAGARA HARVEST

- Served with 1 egg, bacon and a mountain of fresh fruit
piled on top of raisin bread French toast **\$14.99**

BREAKFAST SKILLET

All skilletts served with two eggs and toast. Add hollandaise sauce for \$2.99

VEGETARIAN

- Served with onions, spinach, mushrooms, tomatoes, green peppers
and cheese on top of home fries **\$14.99**

MEAT LOVERS

- Served with bacon, ham, sausage and cheese on top of home fries **\$15.99**

STEAK AND CHEESE

- Served with onions, green peppers, mushrooms, steak and cheese on top of home fries . **\$17.99**



Early Bird All In



Eggs Benedict



Niagara Harvest



Vegetarian Skillet

EARLY BIRD



OMELETTES

All omelettes served with home fries & toast. Sub home fries for hash brown patties or tomato slices. Upgrade to a poutine for \$4.99. Sub toast for English muffin, raisin bread OR gluten-free bread for \$2.99. Or Rye toast for \$1.00. Add feta cheese for \$3.50. Add steak to any omelette for \$4.99.

WESTERN OMELETTE

Ham, onions, green peppers \$14.99

HAM & SWISS OMELETTE

Ham and Swiss cheese \$14.99

SPINACH & CHEESE OMELETTE

Sautéed spinach and mixed cheese. \$14.99

SPANISH OMELETTE *All Spanish omelettes served with a side of salsa.*

Ham, onions, green peppers, cheese and potato \$14.99

Chicken, onions, mushrooms, cheese and potato \$14.99

MISH MASH OMELETTE

Sausage, chicken, green peppers, onions and cheese \$14.99

GREEK OMELETTE

Tomatoes, onions, green peppers, black olives and feta cheese \$15.99

NIAGARA FAVOURITE

Your choice of omelette inside a crepe served with fresh fruit \$17.99

MAKE YOUR OWN OMELETTE

Your choice of ham, onions, peppers, bacon, sausage, chicken, spinach, tomatoes, mushrooms and cheese. Served with fresh fruit \$17.99

BREAKFAST SANDWICHES

All sandwiches served with your choice of home fries, French fries, homemade soup, fresh fruit, garden salad OR hash brown patties.

Upgrade your side to onion rings OR a Caesar salad for \$4.99.

Add coleslaw OR gravy for \$2.99. Upgrade to a poutine for \$4.99.

GRILLED CHEESE \$10.99

Add bacon, ham or peameal inside \$3.99

With steak inside \$4.99

BLT SANDWICH \$9.99

Sub bacon for peameal bacon \$2.99

Add cheese OR 1 egg \$2.00

WESTERN SANDWICH \$11.99

MONTE CRISTO

Ham and Swiss cheese served on French toast. \$11.99

FRIED EGG SAMMIES

2 fried egg sandwiches with bacon and cheese on English muffins \$13.99

With steak and cheese. \$17.99



Make Your Own Omelette



Western Sandwich



Fried Egg Sammies

EARLY BIRD



FRENCH TOAST

Add bacon, ham OR sausage for \$5.99.
Sub raisin bread OR gluten-free bread for \$3.49.

CINNAMON FRENCH TOAST	\$11.99
With banana, caramel and pecans.	\$14.99
With a cup of fresh fruit.	\$14.99
With one egg and your choice of bacon, ham OR sausage	\$15.99

WAFFLES

Made with custard OR Nutella. Add bacon, ham OR sausage for \$5.99.

WAFFLES AND MAPLE SYRUP	\$10.99
STRAWBERRY, BANANA AND KIWI.....	\$14.99
FRUIT BLAST	\$14.99
BERRY BLAST	\$14.99
BANANA CHOCOLATE BLAST.....	\$14.99

CHICKEN AND WAFFLES

Crispy fried chicken served on top of homemade waffles, drizzled with sweet sauce and served with warm syrup

\$18.99

PANCAKES

Add bacon, ham OR sausage for \$5.99.

BUTTERMILK PANCAKES.....	\$11.99
STRAWBERRY	\$14.99
BLUEBERRY	\$14.99
APPLE CINNAMON.....	\$14.99
CHOCOLATE CHIP	\$14.99
BANANA AND CARAMEL.....	\$14.99

CREPES

Made with custard OR Nutella.
Add a BIG scoop of vanilla ice cream for \$2.99.
Add bacon, ham OR sausage for \$5.99.

FRESH FRUIT CREPE	\$14.99
BANANA CHOCOLATE CREPE	\$14.99
BERRY BLAST CREPE	\$14.99
APPLE CINNAMON CREPE With caramel	\$14.99

CINNAMON APPLE FRITTERS

3 CINNAMON APPLE FRITTERS

Served with fresh strawberries and vanilla ice cream.

\$9.99



Chicken & Waffles



Chocolate Chip Pancakes



Fresh Fruit Crepe



Cinnamon Apple Fritters

EARLY BIRD



EARLY BIRD LUNCH

All sandwiches served with your choice of home fries, French fries, homemade soup, fresh fruit, garden salad OR hash brown patties. Upgrade your side to onion rings OR a Caesar salad for \$4.99. Add coleslaw OR gravy for \$2.99. Upgrade to a poutine for \$4.99.

CLUB HOUSE

Served with your choice of chicken OR ham, bacon, lettuce, tomato and mayo on your choice of toast. \$14.99

FISH & CHIPS *Served with tartar sauce and coleslaw.*

1 piece with French fries \$13.99 2 pieces with French fries \$18.99

POUTINE \$10.99

PULLED PORK POUTINE \$15.99

CHICKEN FINGERS AND FRIES
Served with plum sauce. \$10.99

BUFFALO FINGERS AND FRIES
Chicken fingers tossed in Buffalo sauce OR BBQ sauce.
Served with Ranch OR Blue Cheese dressing. \$11.99

REUBEN SANDWICH
Corned beef, thousand island dressing, Swiss cheese and sauerkraut on rye bread. . \$13.99

PULLED PORK SANDWICH
Served on a bun with BBQ sauce. \$13.99

CHICKEN MELT
Grilled chicken on a bun topped with lettuce, tomato, mushrooms, bacon, cheese and your choice of Ranch or BBQ sauce \$15.99

BURGERS AND WRAPS

All burgers and wraps served with your choice of home fries, French fries, homemade soup, fresh fruit, garden salad OR hash brown patties. Add coleslaw OR gravy for \$2.99. Upgrade to a poutine for \$4.99. Upgrade to onion rings OR a Caesar salad for \$4.99.

CHICKEN FINGER WRAP
Served with lettuce, tomatoes, cheese and mayo \$13.99
Add bacon \$3.00

STEAK & CHEESE WRAP
Served with lettuce, tomatoes and mayo. \$13.99
Add onions, mushrooms and green peppers \$2.00

CHICKEN CAESAR WRAP \$13.99

BUFFALO CHICKEN WRAP
Breaded chicken tossed in our signature sauce with blue cheese dressing, lettuce and tomato . \$13.99

HOMEMADE EARLY BIRD BURGER
Served with lettuce, tomato, bacon and pickles. \$14.99
Add sautéed mushrooms and onions . . . \$2.00 Add cheese OR 1 egg \$2.00

CHICKEN BURGER
Breaded chicken breast on a bun topped with lettuce, tomato, pickles and chipotle mayo . . \$14.99



Club House



Fish & Chips

EARLY BIRD



FRUIT AND MORE

OATMEAL

Served with brown sugar, raisins, mixed berries and toast \$9.99

YOGURT HARVEST CRUNCH

Served with your choice of fruit..... \$9.99

EARLY BIRD FRUIT PLATE

Served with toast..... \$10.99

SOUP AND SALADS

All salads served with your choice of dressing. Add chicken to any salad for \$4.99

SOUP OF THE DAY With your choice of toast..... \$6.99

CAESAR SALAD

Topped with bacon and croutons \$10.99

GARDEN SALAD

Topped with green peppers, onions, mushrooms and tomatoes \$9.99

JULIENNE SALAD

Topped with green peppers, onions, mushrooms, tomatoes, berries, a poached egg, ham and cheese..... \$11.99

GREEK SALAD

Topped with tomatoes, onions, green peppers, black olives and feta cheese \$10.99

KIDS MENU

10 Years old or younger. No substitutions.

MORNING ISLA

1 pancake, waffle, French toast OR crepe with your choice of 2 bacon, 2 sausage, OR 1 ham. . \$6.99

MORNING LILY

1 egg with your choice of 2 bacon, 2 sausage OR 1 ham, toast and fresh fruit OR home fries \$7.99

MORNING SEO

Fried egg sandwich and cheese with your choice of fresh fruit OR home fries \$7.99

BEVERAGES

- Coffee/Tea \$2.99
- Hot Chocolate \$2.99
- Chocolate or White Milk..... \$2.99
- Juice (Orange, Apple, Grapefruit, Cranberry) \$3.49
- Tomato Juice \$3.49
- Smoothies (Very Berry OR Tropical) \$4.99
- Bottomless Pop, Lemonade or Iced Tea . . . \$2.99
- Chocolate, Strawberry OR Vanilla Milkshake \$5.99

SIDES

- Side Bacon, Ham OR Sausage \$5.99
- Side Peameal Bacon OR Italian Sausage. . \$6.99
- Side Egg OR Side Toast \$2.49
- Add Cheese \$2.00
- Side Home Fries OR French Fries \$4.99
- Side Cottage Cheese OR Yogurt..... \$2.99
- 2 Hash brown Patties..... \$3.99
- Side Hollandaise, Gravy OR Coleslaw \$2.99
- Side Salsa OR Mayo \$1.99
- Side Custard OR Nutella \$1.99
- Single Pancake, French Toast, Waffle, Crepe . . \$4.99
- Single Pancake, French Toast, Waffle, OR Crepe with Fresh Fruit \$5.99
- Add Ice Cream..... \$2.99
- Side Small Fruit..... \$4.99
- Side Large Fruit..... \$7.99
- Side Garden Salad..... \$3.99
- Side Caesar OR Greek Salad \$5.99
- Side Onion Rings \$5.99



Yogurt Harvest Crunch



Fruit Plate



Milkshake

EARLY BIRD

RESTAURANT

2 Merritt St., St.Catharines, ON L2T 1J3



EARLY BIRD DAILY SPECIALS - \$9.99

FRIDAYS: FISH & CHIPS: 1 PIECE \$10.99 2 PIECE \$14.99

